FAITH, SPIRITUALITY AND PAIN

RETHINKING PAIN
COMMUNITY-BASED PAIN SUPPORT

This workshop is designed for people of all faiths and also those who have none.

We will explore the role that our faith and spirituality can play in living with and managing long-term pain. Discussing how your beliefs and values relate to your pain management decisions.

Along the way, you'll meet others who might use faith and spirituality in a similar way for pain management. We also discuss what you can do practically to use these hints and tips.



Date	Time	Venue
Tuesday 15th December	10.00am - 12.00pm	HALE 1 Westgate, Shipley BD18 3QX

To book a place contact us on the below details:

www.rethinkingpain.org | 07724868212 | info@rethinkingpain.org

KHL Healthy Living

Rethinking Pain is a service led by Keighley Healthy Living (KHL) in partnership and collaboration with HALE, VCS Organisations, Bradford District Health & Care Partnership & Primary Care Networks