

# GP & HCP Pain Education Workshop



The Rethinking Pain Service is offering GPs and allied Health Care Professionals from the 12 x Primary Care Networks across Bradford District and Craven no-cost **persistent pain training**.

Rethinking Pain's GP **chronic pain education programme** aims to revolutionise how we approach persistent pain management in primary care. Attending will give you tools to support and empower patients to become self-managers of their pain, and improve your understanding of the value of supporting your community. Attending this session will enable you to turn challenging consultations into positive interactions.

## Workshop includes:

- What is persistent pain and what's important for HCPs to know
- [How de-medicalisation of persistent pain will benefit your patients & your practice](#)
- Brief review of NICE guidelines for chronic primary pain
- [Changing the context of the pain consultation](#)
- Effective communication, the key to managing persistent pain
- [Empowering the patient to self-manage pain; via community-based resources and assets](#)
- Signposting to local information, pain education and other support options
- [Rethinking Pain Service: what's on offer and who, how and when to refer](#)

## Available in-person and online.

For more information or to book training for your Primary Care Network, individual GP practice or teams, email [info@rethinkingpain.org](mailto:info@rethinkingpain.org)

